

## 2023 ONE HEARTBEAT EMPLOYEE CAMPAIGN GUIDE TO GIVING BACK



**STHS Colleague Choice Fund** – Money raised will be used to support initiatives that directly affect STHS colleagues. This dedicated fund will be managed by an employee committee who accept and review ideas from their peers for initiatives, programs, projects and tangibles that benefit colleague satisfaction, safety, morale and retention. Ideas rising to the top will be put to a vote to employees for implementation.



**Colleague Benevolent Fund (CBF)** - St. Tammany Health System's Colleague Benevolent Fund (formerly known as "EBF") was created to assist colleagues of the hospital in immediate need of necessities of life due to circumstances and/or conditions beyond their control.



**Learning Together** - Since its inception in 2007, this committee has promoted personal and professional development by funding programs such as School at Work and L.E.A.R.N. healthy lifestyle courses, educational fairs focusing on brain power, Stress Management and Financial Literacy, equipment like educational manikins and audio/visual enhancements for the conference center and trainings and seminars including Career Track, Lean Healthcare certifications, landscape classes and much more.



**Healing Arts** - Originally funded by the 2006 employee campaign, the Healing Arts Initiative has grown to become an essential component of the healthcare experience at STHS. From lighting and water features to in-house art exhibits to music therapy for patients, employees, community leaders and local artists work together to provide a healing atmosphere at STHS facilities. Our innovative and nationally renowned program is dedicated to transforming the healthcare experience by connecting people with the power of arts at key moments in their lives.



**Therapeutic Food Pantry** – The Therapeutic Food Pantry is an initiative at St. Tammany Cancer Center that helps patients experiencing food insecurity to have access to healthy, nutritious foods that are vital to effective cancer treatment. Our goal is to never make a patient have to decide between their nutrition or their cancer treatment.



**Other** – While there are specific programs listed on the campaign pledge form, STHS employees can always designate their gift to any healthcare cause of their choice. Simply write in a medical specialty/area, department or cause that is important to you. Or, check with your department head to see if your department has selected a designated project for the One Heartbeat Campaign.

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### **Ways to Donate**

It's easy to give! You can donate by cash, check, credit card or payroll deduction. Fill out the campaign pledge form or donate online by visiting [www.sthfoundation.org/employeecampaign](http://www.sthfoundation.org/employeecampaign). Payroll deductions may occur over one pay period up to a max of 26 pay periods. See below for an example of how your gift looks spread across 26 pay periods.

Payroll Deduct Amount Per Pay Period	Total Pledged for 26 Pay Periods (one year)
\$1.00	\$26.00
\$3.00	\$78.00
\$5.00	\$130.00
\$8.00	\$208.00
\$10.00	\$260.00
\$15.00	\$390.00
\$20.00	\$520.00

Payroll Deduct Amount Per Pay Period	Total Pledged for 26 Pay Periods (one year)
\$25.00	\$650.00
\$35.00	\$910.00
\$40.00	\$1,040.00
\$50.00	\$1,300.00
\$100.00	\$2,600.00
\$150.00	\$3,900.00
\$200.00	\$5,200.00

**Recurring Gift** – A minimum donation of \$1 is required and will be deducted each pay period until you notify the Foundation to change or stop the payments.

**Pledge** – Decide on a total amount you'd like to give and spread out payments over a determined amount of time.

**Cash/Check** – Please make checks payable to St. Tammany Hospital Foundation.

**Debit/Credit Card** – Visa, MC, AmEx and Discover are all accepted forms of payment. You can also make it a recurring monthly gift!

### **Review of Campaign Prize Items**

**Recipe Submission Prize** – All colleagues who submit a recipe for the STHS employee cookbook by **Friday, July 28** will be entered to win an **RTIC Cooler Bag!**

**Early Bird Drawing** – All employees who donate to the campaign before **Friday, July 7** will be entered to win a **Blackstone Outdoor Griddle!**

**Recurring Gift Drawing** – Any employee with a Recurring Gift to the One Heartbeat Campaign will be entered to win a new **iPad!**

**New Donor Drawing** – For employees who have never donated to the campaign, your first gift will enter you into a drawing for a set of **AirPods!** (Gift must be a minimum of \$1 per pay period for payroll deduction, or a one-time gift of at least \$25).

**100% Department Drawing** – Departments with 100% participation will be recognized with a framed certificate, recognition in foundation publications and **will be entered to win a lunch or treat party!**

**Off-Site Prize Drawings** – Any employee who works at an STHS off-site location and donates to the campaign will be entered to win a **Kuerig K-Duo!**

**Grand Prize Drawing** – All employees who donate to this year's One Heartbeat Employee Campaign will be entered to win a new **KitchenAid!**

**For questions about the 2022 One Heartbeat Employee Campaign, visit the Foundation's Lifeline page or contact Doug Walker at ext. 4174 or [dwalker@stph.org](mailto:dwalker@stph.org).**